I'm not a robot



Clean Language is a simple set of questions developed by counsellingpsychologist David Grove. These questions are used with a persons ownwords to direct their attention to some aspect of their own experience. Asking these questions in the right context often results in aninteresting new insight or the recognition of some new possibility. And that
new possibility is then questioned using Clean Language, theresult can be quite profound. You can join in our FREE peer practice sessions every Tuesday and Saturday (except in the school holidays) by joining our community site: Clean Campus, which is also a place to share ideas about all things clean. We also have a more formal practice groupled
by Marian Way and for which there is a small fee. You can learn about thishere. Join us for our Clean Coach Certification Programme (Level 1 accredited programme with the ICF) to learn clean coaching methodologies to inspire capability in others and help transform their lives. Based on Clean LanguageandSymbolic Modelling, this is an ideal
opportunity to learn these skills within the context of an ICF accredited coaching programme. There are 2 opportunities for you to join us this year. In-person in May and June in Switzerland (2 sets of 4 days) and online, starting in November. Both also include access to a private space on our online Clean Campus where you can connect with the other participants between sessions for discussion, practice and extra learning. Get Personal Development Places available Tuesday 24 June to Friday 27 June, 8.30am to 12.30pm BST each day Online via Zoom With Caitlin Walker PhD Details & booking Get Personal Development Places available Tuesday 24 June to Friday 27 June, 2pm to 6pm BST each
day Online via Zoom With Caitlin Walker PhD Details & booking Get Personal Development Places available Tuesday 24 July 2025, 6.30pm to 7.30pm BST Online via Zoom With Details & booking Get started with clean 1 place left Monday 14 July 2025, 6.30pm to 7.30pm BST Online via Zoom With Doris Leibold Details & booking All
events Creating #DramaFree Conversations is a brilliant event that really makes you think about the way language and behaviour influences what happens around us, whether it be in home or work life. It gives clear guidance on how to begin to change the dynamics to reduce drama and uses great examples to bring the whole thing to life. Catherine
Horner All products All blog posts free from dirt; unsoiled; unstained. She bathed and put on a clean dress. Synonyms: immaculate, neatfree from pollution; unadulterated; pure habitually free of dirt. Cats are considered clean animals characterized by a fresh,
wholesome quality free from all writing or marking having few or no corrections; easily readable. The publisher demanded clean proofs from the printer free from roughness or irregularity. He made a clean cut with a razor not ornate; gracefully spare; forceful and simple; trim; streamlined a clean literary style; the clean lines of a ship complete;
unqualified. She made a clean break from her old habits.morally upright; honorable. Synonyms: virtuous, chaste, unsulliedshowing good sportsmanship; fair.inoffensive in language or content; without obscenity. (of a document, record, etc.) bearing no marks of discreditable or unlawful conduct; listing no offenses. a clean driver's
license.Informal.innocent of any crime.not having a criminal record.carrying or containing no evidence of unlawful activity or intent, such as controlled substances, unlicensed weapons, or contraband. The agents searched the car for drugs, but it was clean. Informal.not using addictive drugs. Hes been clean for three years now. (of a nuclear weapon)
producing little or no radioactive fallout.not radioactives, unfamiliar ingredients, excessive amounts of sugar, salt, fat, etc.; not overly
processed or refined. We sell only clean ice cream and confections in our cafe. neatly or evenly made or proportioned; shapely; trim. done without any difficulty or interference. The bank robbers made a clean getaway. dexterously performed; adroit. (of a jump over an obstacle) made without touching the obstacle. Slang. having no direct associations,
business interests, etc., that could prejudice one's official acts or decisions. The new governor is clean because he's sold his construction business and doesn't owe political favors to anyone. Slang. without money or funds. (of wine) having a taste that is unusually refreshing and smooth. having no physical or moral blemish or carrying no taboo according
to religious laws, especially dietary or ceremonial laws. The horse was not a clean animal for the Israelites, and could not be eaten. Nautical. (of an anchorage, harbor, etc.) free of obstructions or hazards (foul ). (of the legs of a horse) free from injury or blemish, as capped hocks, splints, or scars. Foreign Exchange. (of currency floats) not influenced by
exchange-rate manipulation (dirty ).in a way that is not dirty, messy, unwholesome, overly complicated, etcWith practice Ive learned to write clean and crisp, without flashy ornamentation. After he got out of prison he decided to change his ways and live clean. So as to be free of dirt or stains. This shirt will never wash clean. Informal. wholly;
completely; quite. The sharp carving knife sliced clean through the roast. In a year, he had gone clean through his inheritance. Synonyms: thoroughly, entirely to make free of dirt, stains, mess, trash, etc Clean those dirty shoes. I helped my dad clean the garage. Synonyms: wash, dust, mop, wipe, brush, sweep, scrub, scour, decontaminate, clear, purify,
deterge, lave, rinseto remove or consume the contents of; empty; clear. She sat down to dinner ravenous and within five minutes had cleaned her plate. to dry-clean. to remove the inedible parts from (poultry, fish, vegetables, fruit, etc.). He caught the trout, cleaned it, and grilled itall in 20 minutes. Ill clean these strawberries and cut them
up.Metallurgy.to remove the seams from (a casting) by filing or grinding.Philately.to intentionally delete the cancellation from (a postage or revenue stamp).to perform or undergo a process of cleaning. This kind of fabric cleans easily. Detergents clean better than most soaps. to get rid of dirt, soil, etc. (often followed byup). to spend the morning
cleaning.to empty in order to straighten or clean. I cleaned out my desk drawers and threw away a lot of junk.to use up; exhaust. He had cleaned out the store on the first day of the sale. The thief cleaned out the safe. Slangto cause
to lose all or almost all one's money or possessions. Gambling eventually cleaned her out. I got cleaned out last night at pokerthe cards were marked. to wash or tidy up. They came in from the barn and cleaned up for dinner. Clean up this mess in the hallway. to be washed or tidied up so as to leave no dirt, stains, mess, etc This new jacket of mine cleans
up really nicely. The great thing about water-based paints is that they clean up so easily. Informalto become more stylishly or formally dressed when needed, as for a social outing or business engagement. Wow, a suit and tieyou clean up pretty good! to rid of undesirable persons or features. They cleaned up the local bars. to put an end to; finish. to clean
up yesterday's chores.Informalto make a large profit. They cleaned up in the stock market. without dirt or other impurities; unsoiled without anything in it or on itrecently washed; freshwithout extraneous or foreign materials without defect, difficulties, or problems (of a nuclear weapon) producing little or no radioactive fallout or
contamination uncontaminated Compare dirty(of a wound, etc) having no pus or other sign of infection pure; morally sound without objectionable language or obscenity(of printer's proofs, etc) relatively free from errors; easily readable thorough or completed exterous or adroits port played fairly and without fouls simple in designaeron autics causing little
turbulence; streamlined(of an aircraft) having no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing or having no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing or having no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing or having no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing or having no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing or having no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing or having no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing or having no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing or having no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing or having no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing no projections, such as rockets, flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing no projections, and flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing no projections, and flaps, etc, into the airstreamhonourable or respectablehabitually neat(esp of a driving licence) showing no projections are respectable as rockets.
become free of dirt, filth, etc(tr) to remove in making cleanto clean marks off the wall(tr) to prepare (fish, poultry, etc) for cookingCollins Publishers 1998, 2000, 2003, 2006, 2007, 2009, 2012in a clean way;
cleanlynot standard(intensifier) clean forgottenclean deadcricket bowled by a ball that breaks the wicket without hitting the batsman or his batinformalto make a revelation or confessionCollins Publishers 1998, 2000, 2007, 2009, 2009, 2007, 2009,
2006, 2007, 2009, 2012the act or an instance of cleaninghe gave his shoes a cleanCollins English Dictionary Complete & Unabridged 2012 Digital Edition William Collins Sons & Co. Ltd. 1979, 1986 HarperCollins Publishers 1998, 2000, 2003, 2005, 2006, 2007, 2009, 2012cleanness nounhalf-cleaned adjective overclean adjective overcleanly
adverbovercleanness nounpreclean verb (used with object) reclean with object) superclean adjective origin of clean 1975, 1986 file Edition with object or an instance of clean
related to Old Frisian kine small, neat, Old High German kleiniIdiomseat clean, to reduce ones consumption of processed and refined foods in favor of whole foods. Raising our children to eat clean has been easier than we expected.clean up one's act. act. clean full, (of a sail or sails) filled with wind; rap full. (of a sailing vessel) with all sails full of wind;
rap full.clean house, to wipe out corruption, inefficiency, etc., as in an organization. It's time for the city government to clean house.come clean, to tell the truth, especially to admit one's guilt. When they offered him a plea bargain, he finally came clean, clear, pure refer to freedom from soiling, flaw, stain, or mixture. Clean refers especially to
freedom from soiling: a clean shirt. Clear refers particularly to freedom from flaw or blemish: a clear pane of glass. Pure refers especially to freedom from mixture or stain: a pure metal; not diluted but pure and full strength. Clean, clean shirts a clean shirt or impurities. To clean is the general word with no implication of method or means: to
clean windows, a kitchen, streets. Cleanse is especially used of thorough cleaning by chemical or other technical process; figuratively it applies to moral or spiritual purification: to cleanse one's soul of guilt. Examples have not been reviewed. Curtis, who appeared via video link from HMP Eastwood Park in
Gloucestershire, had no convictions at the time of the crash and had held a clean driving licence for more than 50 years. The TV personality was best known for appearing on the Channel 4 cleaning show alongside Aggie MacKenzie. "I cleaned and tidied the house completely, said goodbye to it, and cried for 15 minutes. Then we left Tehran," they
said.Instead, it was pure umami: tomato distilled to its essence, clean and resonant and utterly structural.It was terrific, clean, respectful racing, of the kind McLaren have been demanding from their drivers this season.Definitions and idiom definitions from Dictionary.com Unabridged, based on the Random House Unabridged Dictionary, Random
House, Inc. 2023Idioms from The American Heritage Idioms Dictionary copyright 2002, 2001, 1995 by Houghton Mifflin Harcourt Publishing Company. Pu
privacyHelpFollow usGet the Word of the Day every day! 2025 Dictionary.com, LLC Etymology Adjective Middle English clene, going back to West Germanic *klainja- (whence also Old Saxon klni "slender, perceptive," Middle Dutch cleine, clne "of superior quality, elegant,
slender, small," Old High German kleini, chleine "fine, delicate, clever"), of uncertain origin Note: On the grounds that Low German kln and Swiss German kl
smear," from Indo-European *gleiH- "smear, make stick" (whence, also with a nasal present formation, Old Irish glenaid "(it) adheres, cleaves," Welsh glynu "to stick, adhere"; cf. clay). This derivation would imply for the Germanic adjective an original meaning "smeared on well, carefully applied," hence "well crafted, of superior quality" > "free of
impurities, fine, delicate" > "small" (see F. Heidermanns, Etymologisches Wrterbuch der germanischen Primradjektiven, Berlin, 1993). The earlier proposal of a connection with Indo-European *gel- "bright, shining," is improbable, as none of the descendants of Germanic *klainja- have this meaning. Adverb Middle English clene, going back to Old
English cline, derivative of cline clean entry 1 Verb Middle English clenen "to clear of weeds," derivative of clean entry 1 Noun noun derivative of clean entry 2 First Known Use Adjectivebefore the 12th century, in the meaning defined at sense 1a Adverbbefore the 12th century, in the meaning defined at sense 1a Verb15th century, in the
meaning defined at transitive sense 1a Nouncirca 1889, in the meaning defined above Time Traveler The first known use of clean was before the 12th century See more words from the same century Kim Woodburn has died after a short illness, her representative has confirmed. The How Clean is Your House? presenter, who became renowned as one of
the UKs most cherished TV stars, was 83 at the time of her death. In a statement on Tuesday, a representative told Metro: It is with immense sadness that we let you know our beloved Kim Woodburn passed away yesterday following a short illness. Kim was an incredibly kind, caring, charismatic and strong person. Her husband Peter is heartbroken at the loss of his soulmate. We are so proud of the amazing things Kim achieved in her life and career. We kindly ask that Kims husband and close friends are given the time and privacy they need to grieve. We will not be releasing any further details. Her husband Peter Woodburn, 79, posted to Instagram with a series of photos of the ITV star through the
years with the caption: My wonderful, beautiful, Kim passed away last night. God bless, my love, xx xx. Incredible woman, she will be missed greatly, raven ruthless said. Rest in peace Kim, you were such an icon and my favourite person to watch when times were hard. Theres no one else like you, caliixxx added. RIP Kim. You rocked the reality TV
world and made us laugh so much throughout the years. Thank you for the laughs, a.f96 echoed. She put a lot of smiles and laughs on a lot of faces especially during the lockdown period when everyone was needing it most. Shes been a MASSIVE part of my friendships, referencing her famous sayings every single day. She will be remembered for a
long time, el.jay27 agreed. Across social media tributes have started pouring in for Woodburn. Drag Race star Victoria Scone wrote on Instagram: Devastated that weve lost an absolute Portsmouth DIVA icon & star. I can't tell you how much I adore this woman. What a bloody legend. She was my snatch audition for drag race U.K. and got to do her
(quite terribly) on Canada vs the world. This Morning co-hosts Cat Deeley and Ben Shephard also addressed her death on Tuesdays show. To view this video It was a lightning that burned very brightly and very strongly at times with our Kim Woodburn,
Shephard said.LBC commentator Nick Ferrari added: I was thinking those two, in a way, were almost like the female equivalent of the Hairy Bikers. They were so genuine, you could see the bond between them. The fact that they were so true shone through to the viewersThats why it just worked. They were regular, genuine folk behaving in that
fashion.BEYOND devastated to hear the news today that TV legend and icon Kim Woodburn has sadly passed away. There will never be anyone like Kim. RIP, @superTV247 wrote on X.Kim Woodburn is a solidified British TV icon. Just pure telly gold from How Clean Is Your House? to Im a Celeb and who could forget her infamous stint on Celebrity
Big Brother. RIP Kim, thanks for the laughs, Jonny said. After rising to prominence on the reality series How Clean Is Your House? in her 50s which she hosted alongside Aggie MacKenzie in the 00s, Woodburn became a reality TV household name. She went on to star in Im A Celebrity Get Me Out of Here in 2009 where she was runner-up and
CelebrityBig Brotherin 2017. The late TV personality was also a regular face on ITV daytime shows such as This Morning and Loose Women. She married her husband in 1979 and recently described herself as a passionate woman, very passionate woman when discussing her marriage. Woodburn was born in March 1942 and moved out at 16. She has
previously opened up about the sexual abuse she endured from her father at a young age and told Loose Women in 2017 that the experience never leaves you. During her time on Celebrity Big Brother she had added: If I see a mum and dad with a couple of kids holding hands I think I never had that. I get jealous. You never forget. After leaving home
she worked as a as a cleaner in cities like Liverpool and Kent for much of her adult life until she was found by Channel 4 after the network contacted a cleaning company looking for someone with a funny temperament. In March, Woodburn worried fans after taking a break from work following an eye operation as she told those asking for paid-for-
videos that she would be unable to do so for the foreseeable future due to a health problem. The previous month, she posted her final video on social media, in which she said to her fans: I hope youre all okay and just keeping well. Thanks so much for asking me to do these videos. They give me such a laugh. Thank you very much. Woodburn first spoke
about her visual impairment in 2011, explaining that she had noticed she had started squinting in her late teens. To view this video please enable JavaScript, and consider upgrading to a web browser that supports HTML5 video She added to The Sun at the time: If you watch me carefully you will see I never stare at people and I blink a lot.If I do have
to see something across the room I swivel my entire body around and look from my good eye. I was born with little or no sight in my right eye and not great sight in my left eye. More Trending Elsewhere, Woodburn also revealed she had undergone plastic surgery after watching herself bathe in the jungle. In 2024, she explained that she had breast
reduction surgery, telling the Daily Star: Ive always had huge knockers; they were very big; they were hanging badly. When I saw this after the jungle, I thought, Oh, God, Kim they look awful love. View More So I went and got them made smaller. So, now listen up, if I take my bra off theyre firm and pert just like an 18-year-olds. Got a story? If youve
got a celebrity story, video or pictures get in touch with the Metro.co.uk entertainment team by emailing us celebtips@metro.co.uk, calling 020 3615 2145 or by visiting our Submit Stuff page wed love to hear from you.MORE: Ben Duckett has a bit of Brian Lara about him and wont back down against Jasprit Bumrah in India TestsMORE: River Islands sell-out Collarless Jacket is back in stock and in two new shadesMORE: More than 600 EasyJet cabin crew to walk out causing chaos for thousands of holidaymakers
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