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Palm reading earth hands

UPDATE: This post originally ran on July 23rd, but we are still so fascinated with this topic we wanted to share it again! Hands. We are constantly using them. Throughout the day they are always at work, but have you ever wondered what else they can do? From your palm lines to the size and shape of your hand, each part holds a special meaning that is specific to you and your personality. Palmistry has been around for thousands of years, and it is the art of telling the future through the study of the palm — but it can also teach you a lot about your character. I have always been very fascinated by this aspect of palm reading. I think it’s awesome that you can learn so much about yourself just from looking down at your palms and deciphering the lines. After doing a lot of research, I’ve put together a fun little guide that you can use to help read your own palms. This is a fun thing to do with your friends or a cool party trick, and just like most things, you get better with practice! Hand Shape Earth hands- Earth hands are defined by a square palm — where the width is equal to the length — and having shorter fingers. Air hands- Palm is square or rectangular in shape, with long fingers, defined knuckles and low set thumbs. Water hands- Water hands tend to have a short and oval shaped palm with long and flexible fingers. The length of the palm from the wrist to the bottom of the fingers is equal to the length of the fingers. Fire hands- Fire hands are defined by a square or rectangular palm, pinkish skin, and shorter fingers. The length of the palm is normally greater than the length of the fingers. *Earth and Water hands tend to have fewer but deeper palm lines. The major lines are normally well defined, where air and fire hands tend to have a lot of lines and creases with less definition. Defining your palm lines There are three major lines that are found on almost all hands that are the most commonly read. Palm readers tend to pay the most attention to these lines. In determining which hand to read, it is most common to choose your dominant hand. This represents your present and past life, and your less dominant hand represents your life ahead. Heart line The heart line is found towards the top of the palm and represents love and attraction, matters of the heart, and emotional living. If your heart line starts under your index finger, you are satisfied in your love life. If your heart line starts beneath your middle finger, you tend to be selfish when you are in love. If your heart line starts between your index finger and middle finger, it is believed that you fall in love easily! Short line- You may be interested in other things other than romance. Long line- You express your emotional and romantic feelings very easily. Wavy line- You may have many relationships during your lifetime, and a few of them have the potential to be very serious! Head line The head line sits just below the heart line, and represents the human mind and the way it works. This includes intellectualism, creativity and the amount of knowledge you crave. A general, curvy line means you are creative and spontaneous, where a straight line means you are more practical and structured. Short line- You like physical accomplishments. You would choose to go for a run or hike rather than watch a movie. Long line- You are a clear and focused thinker. Wavy line- You have a short attention span and tend to get distracted easily. Life Line This line starts at the edge of your palm above the thumb and arches downward towards your wrist. The life line represents your general well being. Don’t worry, a short life line does not mean you are going to have a short life! If your life line is close to your thumb, you tend to have low energy and like to sleep a lot. If it is wide and curvy, you have a lot of energy and feel rested most of the time. If your line is straight and stays close to the edge of your palm, you take extra caution in most of your relationships. A long and defined line represents inner strength and vitality. A short and shallow line means that you could be easily manipulated by others. If there is a break in your line, this could represent a major change in lifestyle, or a physical move. The art of palm reading can get very deep and technical due to the amount of lines and creases we all have on our hands, but it’s fun to learn about the basic lines and try it out for yourself! Have you ever had your palm read? Post a comment about your experience below! More inspirational posts from the BLDG 25 Blog. Follow FP Jana on Twitter. Palmistry: Love in the HandsWhen you meet somebody new, it can be fun to “check them out” using different techniques for character analysis. Palm reading is an age-old practice, and it can be a lot of fun as well.We’ve gathered up some basic palmistry principles that are easy to learn, with a special emphasis on love, relationships, and attachment. Following are indicators of love and marriage in palmistry. Which Hand Should You Read? One of the first questions people ask concerning palm reading is: Which hand do you look at? The answer is: Both, and it depends. Students of palmistry distinguish between the active and passive hand. A right-handed person’s active hand will be his or her right hand; and the left hand is considered the passive hand. Similarly, a left-handed person’s active hand is the left hand; and his or her passive hand is the right hand. Generally, the passive hand is read for inherited characteristics and potential. Look to the active hand for changes to these inherited traits. As a general rule, when the lines and markings on the active and passive hands are quite different, it shows a person who has actively worked toward self-development. The Size of the Hand Remember to consider the size of the hand relative to the size of the body. Generally, a large hand suggests a person who spends more time thinking than acting. A person with a relatively small hand is thought to be more active, spending less time thinking about what to do. The Shape of the Hand There are four general shapes of the hand, and these are related to the four elements of Air, Earth, Fire, and Water: Air Hands are characterized by a square palm, long fingers, and thin, clear lines. These are the hands of intellectual and sociable people. They are often restless and in need of change and stimulation, mostly of the mental kind. As lovers, these people look for mental rapport above all else. Earth Hands are characterized by a square palm, short fingers, strong or thick skin, and deep, clear, and straight lines. These are the hands of practical, down-to-earth people with strong vitality. They often have a strong connection to nature and the outdoors. As lovers, they are generally quite dependable and straightforward. Fire Hands are characterized by long palms, short fingers, plentiful and prominent lines, and firm, warm skin. These are the hands of risk-takers and action-oriented people. As lovers, they are positive and confident, willing to take the lead. Water Hands are characterized by long palms, long fingers, plenty of fine lines that are not always clear, and soft, damp skin. These hands indicate a creative, emotional person. As lovers, they are sensitive, vulnerable, a little naive, and focused on caring and being cared for. There are various considerations related to the length of the palm as well as the size, shape, and length of the fingers. This branch of palmistry is called chiromnomy. There are various hand shape types, including spatulate, square, and psychic, and knotted. The following are some of the guidelines for determining the size of the palm and fingers: When the vertical and horizontal measurements of the palm are approximately equal, it is considered a square palm. A long palm is when its vertical measurement is longer than the horizontal measurement. Fingers are considered long when the length of the middle finger is equal to or greater than three-quarters of the length (height) of the palm. Fingers are considered short when the length of the middle finger is less than three-quarters of the length of the palm. The Thumb How flexible is the thumb? The flexibility of the thumb is thought to measure how adaptable a person is. The more flexible the thumb, the more easy-going the character is. A lack of flexibility suggests an obstinate person. Does the thumb have a “waist”? If the thumb narrows in the base phalange of the thumb, the person is thought to employ tact and diplomacy in his or her relations with others. Some consider the relative length of the thumb as an indicator of faithfulness. Longer thumbs are thought to indicate stronger characters who are faithful to others and to themselves. The Lines on the Palm The palm generally consists of the Major Lines, Secondary Lines, and Minor Lines. A palm with numerous fine lines in addition to the Major Lines indicates a rather complex, sensitive personality that is especially vulnerable to outside influences and worries. In general, the fewer the lines, the more straightforward a person is. These people live their lives in a more direct and simple manner. The Major Lines: Generally, there are three prominent lines on a palm. These are the Major Lines. In the palm at right, the top horizontal line ending at point A is the Heart Line. This line indicates the affections, so it is of particular interest to those reading a palm for love indicators. The higher this line is, the more passionate, and oftentimes jealous the person is. A heart line that goes right across the hand suggests a person who is very controlled emotionally. A heart line that curves upward towards the Jupiter finger (the index finger) indicates a warm-hearted, reasonable, and affectionate nature in relationships. Crosses and breaks on the Heart line suggest periods of sadness and sorrow in love. The middle horizontal line at point B is the Head Line. This line indicates the type of intelligence a person possesses. The space between the beginning of the Head Line and the beginning of the Life Line, if any, indicates the level of cautiousness a person possesses. When these lines are joined at the beginning, the person has a rather cautious, and sometimes fearful, nature. The further apart, the more confident, risk-taking individual. The curved line that generally swoops from near the base of the palm to the point between the thumb and first finger at point C is the Life Line. In terms of relationships, a Life line that is wide, leaving plenty of room for the Mount of Venus, is indicative of a person with an expansive and giving nature in love. The closer the Life line is to the thumb, the less generous a person is with his/her energy and time. An interesting secondary line concerning relationships is called the Line of Attachment. Some call these lines Marriage Lines. These lines appear just above the heart line (in our diagram, just above point A). Light, fine horizontal lines found here are thought to indicate affairs that are not deep commitments. One long, clear line suggests a long-standing and happy marriage or commitment. When there is more than one long, deep line, the lower one is thought to describe the earlier relationship in the person’s life. The Mounts There are a number of mounts in different positions of the palm, and these are associated with planets. The Mount of Venus is of particular interest to those looking for indicators of love in the palm. This mount is found beside the thumb and within the curved Life Line. Generally, fleshiness here indicates a love of pleasure. A fleshy and firm Mount of Venus indicates a strongly sexual nature, and a flabby mount here shows a low level of sexual vitality. Prominent horizontal lines on the Mount of Venus are thought to indicate a person with powerful charm over lovers. Plenty of fine lines going in different directions on this mount (often looking like a grid) suggests a person who is quite complex in the area of love. A changeable, worrisome character may frustrate lovers. In general, lots of fine lines here indicate a person who is easily influenced by outside forces. This person may be easy to dupe by partners. A triangle on this mount is thought to indicate a person who may have extramarital affairs, and a crescent shape (moon) here suggests one who has powerful seductive powers. Want a palm reading from a book? There’s a great book out that is uniquely interactive: Total Palmistry: Love Connection This book is very original. For your palm reading with the focus on love, you start at the beginning of the book (naturally) and follow the steps that take you skipping ahead — so, for example, if your heart line is chained, then you skip ahead to the given page and continue your rather personalized reading from there — in a chain. Very unique book! Our Free Astrology Reports Love Sign Compatibility Suggested Further Reading on Palmistry: Palm Reading for Beginners : Find Your... Cafe Astrology Note: This book is an easy-to-understand beginners’ book of palmistry. Clear interpretations. Art of Hand Reading (DK Living) Cafe Astrology Note: A delightfully visual beginners’ book of palmistry, this one features plenty of photographs and illustrations — ideal for learning palmistry basics with clarity. **Please note: Some of my recommended products contain affiliate links. If you purchase a product through my links, I may receive a small commission. I only include these because it comes at no cost to the buyer – there are no additional charges and it does not cost a customer anything extra to buy through an affiliate link. I am a participant in the Amazon Services Associates Program—an affiliate advertising program designed to provide a means for sites to earn advertising fees by advertising and linking to amazon.com and products on that site. I only add links to products that I have personally used and recommended. The simplest type of palmistry hand shape classification using the natural elements consists of four elements: earth, air, water and fire. These elements are also used in classifying astrological signs. But just because you are born under a water sign, e.g., Pisces, it does not mean that your hand will be a water hand. EARTH HAND The palm is square, with short fingers. Most people with this hand are practical, hard-working, hands-on and like to be outdoors experiencing nature. They have a realistic approach to life and are dependable and stable in relationships. They can be quick-tempered, stubborn and sometimes display a lack of patience. This hand shape corresponds to the astrological signs of Taurus, Virgo and Capricorn.. AIR HAND The palm is square, with long fingers. Most people with this hand are mentally active, restless and easily bored. They long for mental challenges, want to expand their knowledge and like to analyze details. They are logical in thought and are excellent communicators. However, sometimes they can worry too much. They do possess good intuitive capabilities and have a tendency to show interest in the psychic realm. This hand shape corresponds to the astrological signs of Gemini, Libra and Aquarius. WATER HAND The palm is rectangular and long, with long fingers. Most people with this hand are motivated by their feelings and emotions. Sometimes, in the extreme, they allow their feelings to dictate their lives. They are sensitive in nature and quite creative, especially in the many forms of the arts. They are most content in a calm environment, because they have problems coping with stress. This hand shape corresponds to the astrological signs of Cancer, Scorpio and Pisces. FIRE HAND The palm is long and rectangular and the fingers short by comparison. Most people with this hand are outgoing, persuasive and have a tendency to always be the life of the party. They excel when on the go and thrive on it, but do not realize that this can cause burnout and incomplete undertakings. They are usually fun to be around; however, they can turn on a dime. They also can be extremely impatient. This hand shape corresponds to the astrological signs of Aries, Leo and Sagittarius. Click Here Click Here Join our FB Fan page!

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